



YMCA SOUTHCOAST

2018 ANNUAL REPORT

US

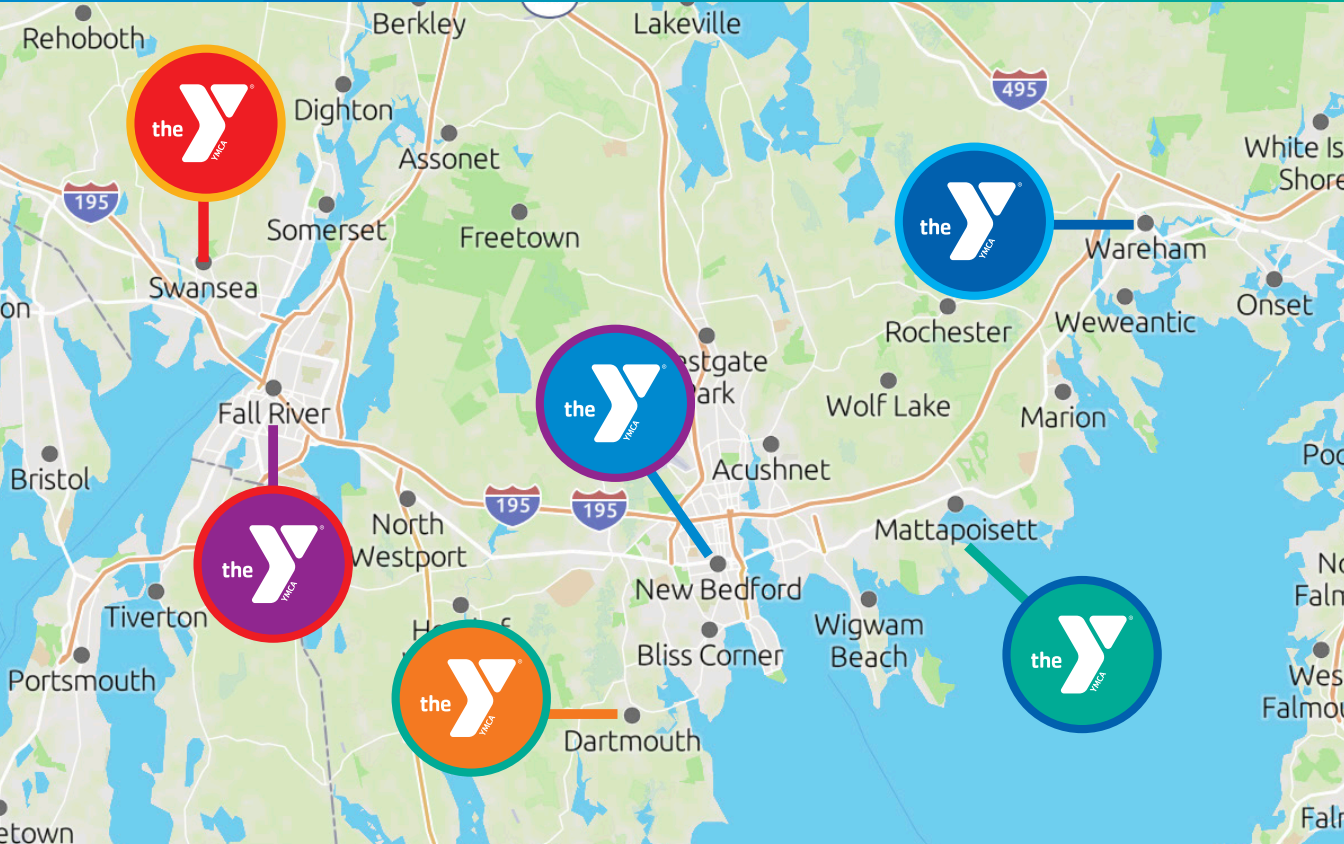
...Is A Possibility

...Is Empowering

...Is A Promise



YMCA SOUTHCOAST LOCATIONS



DARTMOUTH YMCA

276 Gulf Rd • Dartmouth, MA
508.993.3361

FALL RIVER YMCA

199 N Main St • Fall River, MA
508.675.7841

GLEASON FAMILY YMCA

33 Charge Pond Rd • Wareham, MA
508.295.9622

MATTAPOISETT YMCA

38 Reservation Rd • Mattapoissett, MA
508.758.4203

NEW BEDFORD YMCA

25 S Water St • New Bedford, MA
508.997.0734

STOICO/FIRSTFED YMCA

271 Sharps Lot Rd • Swansea, MA
508.678.9622

A MESSAGE FROM OUR LEADERSHIP

Here, We Grow.

Dear Friends,

2018 proved to be a powerful growth year for YMCA SOUTHCOAST (YSC). With over 160 years of service to the south coast, the Y continues to evolve to meet the growing needs of those we serve.

In 2018 YSC's Membership overall grew by 10% with 12% growth in the Family Membership category affording more families and more people an opportunity to thrive at the Y! To expand access to our much-needed programs, YSC applied for recognition as a Medicare Supplier for our Diabetes Prevention Program. This recognition, held by only a handful of Y's across the country, will allow YSC to accept Medicare insurance for eligible participants.

Association wide, childcare programs resumed their expansion to support working families. As we grow, we are developing partnerships with community organizations to secure licensable childcare space. The 2018 Bell Power Scholars Program, a partnership between YSC and the public school districts in New Bedford and Fall River, provided educational support and enrichment activities for 272 young people. Power Scholars' goal is to address summer learning loss in elementary and middle school students in New Bedford and Fall River to close the achievement gap.

The 2018 Annual Campaign soared to new heights thanks to the dedication of our volunteers and staff who worked tirelessly to raise funds to support the work we do in our community. YSC launched a Membership for All initiative which utilizes Annual Campaign dollars to ensure that being a part of the Y community is within the financial reach of ALL of our neighbors.

YSC has evaluated and modernized our operating policies to ensure that we are able to meet the needs of our growing membership. From our social media and web presence to the internal processes we use to manage operations, 2018 was a year of growth and modernization.

YSC is poised for a strong future thanks to the support of our volunteers, our community, and our staff team!



A handwritten signature in black ink that reads "Jim Scherer".

Jim Scherer,
President & CEO, YMCA SOUTHCOAST

A handwritten signature in black ink that reads "Geoffrey W. Swett".

Geoffrey Swett,
Board Chair, YMCA SOUTHCOAST

AT YMCA SOUTHCOAST IN 2018...

YOUTH DEVELOPMENT

Youth Development is the social-emotional, cognitive, and physical processes that all youth uniquely experience... A successful development process fulfills children and teens' innate need to be loved, spiritually grounded, educated, competent, and healthy.

272

Students participated in summer learning loss programs.

277

Young people attended Summer Camp with financial support.

130

Youth benefited from the programming at the Y's Educational Achievement Center (EAC).



HEALTHY LIVING

The Y takes a collaborative community approach to support all people in living their healthiest lives. We continue to offer essential programming to elevate well-being, chronic disease prevention, and health maintenance for our communities.



81

Cancer survivors found renewed hope and energy in our **LIVESTRONG** at the YMCA Program.

60

People at risk for Type 2 Diabetes improved their health through the Y's 12 month small group program focused on healthy choices & lifestyle changes in **YMCA Diabetes Prevention Program (YDPP)**.

150

Youth were empowered, with the support of their families, to reach a healthy weight and live a healthier lifestyle.

TENS OF THOUSANDS OF LIVES WERE CHANGED

SOCIAL RESPONSIBILITY

HUNGER RELIEF PROGRAMS

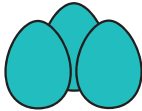
Sharing the Harvest Community Farm at the Dartmouth YMCA worked to alleviate hunger for children, families, and seniors in need of food assistance on the south coast of Massachusetts by growing fresh, nutritious produce delivered through our partnership with the United Way of Greater New Bedford's Hunger Commission.



62,126

Pounds of Produce

&



13,578

Eggs Donated



Nutrition on Weekends (N.O.W.) was established as a grassroots response to hunger at the local level. N.O.W.'s goal is to provide nutritious meals to children in need on the weekends and during longer school breaks.

300

Students Served at
local Elementary Schools.



VOLUNTEERISM

12,000+

Volunteer hours were given through
YMCA SOUTHCOAST projects.



FURLOUGHED FEDERAL EMPLOYEES

All YMCA SOUTHCOAST locations opened our doors for free to Government Employees during the Federal Government shutdown.

US...IS A POSSIBILITY

The heart of the Y's mission is to reach out and serve all people in our communities.



MEMBERSHIP FOR ALL



At the Y, we believe all of our programs and services should be available to everyone. In 2018, YMCA SOUTHCOAST launched "Membership for All". This program offers an income-based sliding fee scale that is designed to fit the financial situation of each individual and family in our community.

4,930

individuals we are able to afford membership at the Y in 2018 thanks to Membership For All.



INCREASE FOOD ACCESS

YMCA SOUTHCOAST continues our commitment to alleviate food insecurity in our community. Our New Bedford and Fall River branches, the heart of our service area, are two of the ten poorest municipalities in Massachusetts, with poverty rates double the state average.

1,000

families across the south coast of Massachusetts had access to food through agencies that we provided produce to.

SAFETY AROUND WATER

The 3rd Grade Swim Program offered over **350** students in New Bedford and Wareham valuable swimming and water safety skills. Our water safety initiative was developed to give all third graders, regardless of ability, the opportunity for no-cost swimming and water safety lessons as part of their school day.

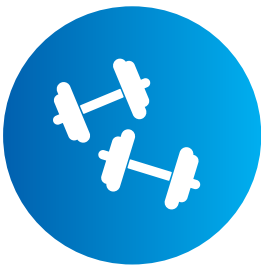


US...IS EMPOWERING

"Many mornings I didn't feel like getting out of bed to exercise, but I knew the Y's LIVESTRONG staff would be there for me. I ended up only missing one class because of my energy level. Knowing they were there for me meant everything."

- Rick, LIVESTRONG Participant





LIVESTRONG[®] AT THE YMCA

LIVESTRONG at the YMCA is a 12-week, small-group program designed for adult cancer survivors who have become chronically fatigued or de-conditioned from treatment and disease. More than a program, LIVESTRONG is a community that values healthy families, and supports healthy choices. The program is offered without cost to the participants.

COUNSELORS & LEADERS IN TRAINING

Leaders in Training (LIT) focuses on communication and leadership skills through participation in group activities and challenges with an emphasis on teamwork and community service. Teens also have the opportunity to focus on camp specific leadership skills through the Counselor in Training (CIT) program.

"It is such a joy watching campers grow into Counselors and Leaders in Training! They do so well connecting with the younger kids. They often see themselves reflected in the challenges and successes of young campers and become role models and mentors to them."

- Rochelle, Program Director

Over
150

youth participated
in this Y exclusive
specialty camp
in 2018.

YMCA DIABETES PREVENTION PROGRAM (YDPP)

This 12-month program helps adults at risk for Type 2 Diabetes reduce their risk for developing the disease by taking steps to improve overall health and well-being. In 2018, YMCA SOUTHCOAST welcomed 60 participants who worked together across our south coast communities in small groups to change their lives.

***"YDPP didn't just help me change my life,
it literally saved my life "***

- YDPP participant

US...IS A PROMISE

*"Thank you for inviting me
to Power Scholars,
I love it every day!"*



POWER SCHOLARS ACADEMY™



By expanding after school and summer learning opportunities, the Y is actively working to positively impact each individual child and break the intergenerational cycle of poverty that low educational attainment brings. Through a strong partnership with the New Bedford Public Schools, Fall River Public Schools and BellXcel, participating students showed grade-equivalent gains of three months in reading and 2.5 months in math on average.

300

Students in New Bedford and Fall River participated at no cost last year in the Y's Power Scholars Academy.™

YOUTH SPORTS PROGRAMS



To ensure that every youth has the opportunity to gain technical skills along with a sense of achievement, relationships, and belonging, YSC tailors youth sports programs to meet the communities' needs. In 2018 YMCA SOUTHCOAST's Axel Dance Academy, Flag Football, and wrestling leagues were launched.

YOUTH & GOVERNMENT

With the premise that leaders are developed by doing, the Y's Youth and Government Program's motto is that "Democracy must be learned by each generation." The goal of the program is to create the next generation of thoughtful, committed, and active citizens.

With this in mind, teens are taught the principles of a democratic society and are given leadership roles in the models of judicial, legislative and executive branches of local, state and national government. The program culminates with teens serving as delegates at their state conference, debating bills on the floor of the legislature.

ACCOMPLISHMENTS in 2018

The Gleason Family YMCA instituted THE BOURNE INTEGRATED SUMMER CAMP PROGRAM

and offered life enhancing programming to 16 students that were in need of year long services.



Bourne Public Schools Staff
trained with Y Camp Staff to integrate summer camp with their mandated summer service programs. Students and staff alike were thrilled with the success of the program and will continue the community partnership.

YMCA SOUTHCOAST's
Axel Dance Academy began at the **Stoico/FIRSTFED YMCA** in Swansea. In 2018, Axel Dance Academy hosted its first standalone recital with over 400 audience members in attendance. Program enrollment increased from 67 to 100 students in just three short months.





The New Bedford YMCA

hosted a record high enrollment of 130 for Youth Basketball League (YBL). YBL is run and coached by our incredible parent volunteers with the support of YSC staff.

The Fall River YMCA

collaborated with UMASS Dartmouth to provide volunteer opportunities in our Education Achievement Center. Approximately 25 volunteers participated each semester and carried out curriculum set forth by the program director to 130 children in the Y's after school program.



The Dartmouth YMCA

under new leadership, the Dartmouth YMCA underwent an innovative reorganization of space that allowed Group Exercise classes to continue without interruption throughout the Summer months. In addition to repurposing existing space to better meet the needs of membership, a relationship was forged with the neighboring school that allows the Y to utilize the school's space during summer and other school vacation closures.



The Mattapoisett YMCA's

Camp Massasoit welcomed 2643 campers in 2018. Located on beautiful Mattapoisett Harbor, Camp Massasoit has provided a premier summer camp experience to generations of families since 1962. Focused on the development of our campers, as individuals and as a group, Camp Massasoit nurtures today's children into tomorrow's leaders.

FINANCIAL REPORT

**FISCAL YEAR ENDING
DECEMBER 31, 2018**

ASSETS	2018
Cash	572,651
Accounts Receivable	329,856
Contributions Receivable	592,213
Other Assets	8,124,731
Investments and Beneficial Interests	1,080,874
Land, Property, and Equipment	17,983,552
Total Assets	<u>28,683,877</u>
LIABILITIES	
Accounts Payable and Accrued Expenses	593,196
Deferred Revenue	658,703
Bonds Payable	9,226,441
Mortgages and Notes Payable	1,298,462
Other Liabilities	83,844
Total Liabilities	<u>11,860,646</u>
NET ASSETS	<u>16,823,231</u>
TOTAL LIABILITIES AND NET ASSETS	<u>28,683,877</u>
SUPPORT AND REVENUE	
Contributions	681,004
Grants	617,447
Membership Dues	4,657,272
Program Service Fees	6,314,994
Other	134,785
Total Support and Revenue	<u>12,405,502</u>
EXPENSES	
Program Services	11,502,715
Management and General	1,145,972
Fundraising	158,816
Loss of Disposition of Assets	<u>12,807,503</u>
Total Expenses and Loss	12,807,503
Total Change in Net Assets	<u>(402,001)</u>

THANK YOU TO OUR VOLUNTEERS



“YMCA SOUTHCOAST is built on the compassion, dedication and hard work of our precious volunteers...

...from board meetings to Spin-A-Thons, to literally planting seeds in the dirt, our volunteers are omnipresent and they are legendary. We are so very grateful to be the proud recipients of their boundless energy and their vision.”

We would like to recognize the following individuals as the **VOLUNTEER OF THE YEAR** at their branch:

President of YMCAs SOUTHCOAST

Dartmouth -
Jeff & Anne Morse

Gleason Family Wareham -
Pam Friedman

Stoico/FIRSTFED Swansea -
Amy Lamboy

Mattapoissett -
Susan Shallies

New Bedford -
Jeanne Townsend

Fall River -
Chris Hadley

Association -
Zane Cox



YMCA SOUTHCOAST LEADERSHIP

BOARD OF DIRECTORS

Geoffrey W Swett	Chair
Arthur M DeAscentis	1st Vice Chair
Gerard Kavanaugh	2nd Vice Chair
Dr Brian K Bowcock	Treasurer
Cary A LeBlanc	Clerk

Thomas Anderson
 Kelly M Baldwin
 Peter C Bullard
 Lizanne Campbell
 Kathryn Carvalho
 Kathleen R Corkum
 Joseph R Costa
 Charles N Decas
 Arthur D Frank
 Steven H Galavotti
 Terrance A Gomes
 Irving J Goss
 Christopher Hadley
 Nancy McFadden
 Vincent J Murphy
 James A Muse
 John F Quinn
 Elaine Robertson
 William D Roth
 Kenneth A Shwartz
 Lawrence T Wilson, Jr
 David W Wright

BRANCH LEADERSHIP

DARTMOUTH YMCA

Kathryn Carvalho	Board Chair
Maia Shwartz	Executive Director

FALL RIVER YMCA

Christopher Hadley	Board Chair
Stephanie Mancini	Executive Director

GLEASON FAMILY YMCA

Lizanne Campbell	Board Chair
Debbie Fringuelli	SR Executive Director

MATTAPOISETT YMCA

Cary LeBlanc	Board Chair
Stephanie Winterson	Assoc Exec Director

NEW BEDFORD YMCA

Vincent J Murphy	Board Chair
Tara Pacheco	Executive Director

STOICO/FIRSTFED YMCA

Arthur D Frank	Board Chair
Michael Mahoney	Executive Director

ASSOCIATION

EXECUTIVE STAFF

James F Scherer	President & CEO
Robert A Trahan	Vice President & CFO
Elizabeth Burns	Human Resources Director
Kate Levin	Membership & Marketing Director
Robyn Branco	Director of Mission Advancement
Maxine Hebert	Assistant Director of Education

2018 DONORS

\$5,000+

Alliance of Massachusetts YMCAs
BayCoast Bank
Blue Cross Blue Shield of Massachusetts
Stella D Burke
Carney Family Charitable Foundation
Earle P Charlton Jr Charity Fund
Community Foundation of Southeastern
Massachusetts – Acushnet Foundation Fund
Eastern Fisheries
Robert Eklund
Helen Ellis Trust
Fall River Women's Union
Friends of Marion Visiting Nurses
Thomas D Gamache
HO Peet Foundation
Mabel A Horne Fund
Island Foundation

Koppleman Family Foundation
Richard J Medicke
New Bedford Half Marathon
Amelia Peabody Charitable Fund
Pilgrim Bank Foundation
Project Bread
Russell Morin Fine Catering & Events
Dennis Slutsky
Geoff & Judy Swett
Tech-Etch Inc
Neil J & Sylvia Van Sloun
United Way of Greater Fall River, Inc
United Way of Greater New Bedford, Inc
William E Weber
John H Wylde Charitable Trust
YMCA of the USA

\$1,000 – \$4,999

AARP
Arbella Insurance Foundation
Talbot Baker Jr
BankFive
The Benevity Community
Impact Fund
The Susan Chace Anderson
Foundation
Shaleen Barnes
Bishop Stang High School
Blount Fine Foods Fund
Dr Brian Bowcock
Peter Bullard
Kimberly A Cabral
Lizanne & Malcolm Campbell
Chapman, Cole & Gleason
Jeanne Orphan Coastal
Community Foundation
Karen MC Costa
Cummings Properties LLC
CVS Corporation
Michael Daoust
Dartmouth Friends of the Elderly
Christine H Davis
Arthur DeAscentis &
Elizabeth Doherty
Charles N Decas
Allan Ditchfield
Zelinda M Douhan
Richard Dow
Raymond Drouin
Deborah S Edwards
Nancy & Larry Edwards
Fall River Manufacturing

Farm Credit East, ACA
Samantha Fagundes
Fiber Optic Center, Inc
Arthur D Frank Jr
David & Debbie Fringuelli
GAF Engineering Inc
Irving J Goss
Philip Guymont
David & Maria Harrington
Karl D Hetzler
Humphrey, Covill & Coleman
Insurance Agency, Inc
Cary A LeBlanc
Ludes Family Foundation
Robert Mancini
George Matouk
Mattapoissett
Congregational Church
Mattapoissett Lions Club
Maurice & Anne Makepeace
Family Foundation
Nancy McFadden
Joseph Marciszyn
Elizabeth L Marsden
Scott Munro
Vincent & Rachel Murphy
My Brother's Keeper Inc
R Henry Norweb III
Ocean Spray Cranberries
Tara Pacheco
Partners Insurance Group LLC
Paypal Charitable Giving Fund
Richard M Peirce
Prime Lending, A Plains
Capital Company

Realtor Association of
Southeastern Massachusetts
Rotary Club of Fall River
William & Paige Roth
Michael E Russell
James & Gina Scherer
Shepard Group Inc
Kenneth Shwartz
Larry Shwartz
Somerset Flag Football
Southcoast Health System
Spherion
The Robert F Stoico/FIRSTFED
Charitable Fund
Eivind H Strand
Target Corporation
John & Susan Teal
The Albertsons
Companies Foundation
The Gateway Tavern
The Philip Snyder Foundation
Thomas & Barbara Morse
Robert Trahan
Truesdale Health Foundation
Jo-Ann & Doug Watson
Lawrence T Wilson
Unic Pro Inc
Vermont Mutual Insurance
Company
Rhonda & Roy Veugen
Walgreens
West Marine BlueFuture Fund
at Community Foundation
Santa Cruz County
Anne Whitney
Youths Friends Association Inc

\$250 – \$999

Acoaxet Veterinary Clinic Inc
Anonymous
Richard Arruda
Susan Adamowski
Alden Pettengill Foundation
Julie G Allen-Cavic
Cheryl Almeida
John M Amaral
Jessica Ashley
Ann Auger
John I Babbitt Jr
Sarah B Barkhuff
Brad Barrows Youth Athletic Fund
Bottomline Technologies, Inc
Lucille I Bousquet
John Braitmayer
Michael Brewer
Kayla L Britte
Elizabeth A Burns
William A Burns
Nancy Carvara
Robert Catalano
David Clark
Kathleen Clear
Comcast Foundation
Scott Conceicao
Peter S Covill
Cristin H Cowles
Kathleen R Corkum
Joella B Cruz
Larry Culpepper
DaCruz Framing Inc
Joseph B Daly
David & Grace Wyss Fund
Nick Decas
Napoleon N Delgado
Del's Lemonade of Somerset, Inc
Natalie Derrick
Dr Laura Dunphy
Dunkin Donuts (West Wareham)
Elizabeth S Dunn
Dupont-Williams Family
Melissa Dyer
John Eklund
Keith Estes
Dr Paul J Fairbanks
Fall River United Jewish Appeal, Inc
Dale A Ferris
First Citizens Federal Credit Union
Ernest Fisher
Chris and Maureen Fletcher
Frank Smith Insurance Inc
Mandy Fraser
Gerald Freed
Monica Furtado
Steven Galavotti
Ann-Marie Gallos
Mary Beth Gamache
Garden Club of Buzzards Bay
John Paul Garber
Dianne Gardner
Aaron Gendreau-Visco
Danielle Gilmore

Shelby A Giza
Robert Gleason
Gabriel Gouveia
Samuel Gray
Linda Greer
Mark Guerin
Christopher Hadley
Kim J Hall
Margot Hand
Harvard Pilgrim Health Care
Ann M Harris
Melissa E Haskell
Mary Ann Hayes
Timothy A Hays
Maxine Hebert
Thomas J Holderness, Jr
Emily Holmes
Huidekoper Fund
Barbara Jasmin
John Kampersal
Colleen & Gerard Kavanaugh
Christopher D Keeley
David Kenney
Robert S Kerr
Mary P Kinnane
Beverly H King
Matthew Kratochvil
Kurtz Family Fund
Amy E Lamboy
David Lapalme
Law Offices of Arthur D Frank Jr
Mary Ellen Lees
Kate Levin
Deb Levesque
Kristen Levesque
Amanda M Libby
Lifetouch National School Studios
Kenneth D Lipman
Robert & Carolyn Lytle
Jodilynn Machado
Michael P Mahoney
Robert Mancini
Robin G Martin
Harry Matelski
Gino McCarthy
Brian McGrath
Shawn McGuire
Donald S McKinlay
Anabela A Medeiros & Family
Mary Elizabeth Medicke
Dr David Milstone
Elise U Mock
Frederic Mock
Daniel Morais
Justin P Morreale
James A Muse
Joshua Nameika
Neto Insurance Agency, Inc
New Bedford Education
Foundation Fund
Bob Nichols
James A Nordquist
Joseph O'Connell
Shalala Ohlman

Ophthalmic Consultants of
Boston – Boston Eye
Original Works Yours Inc
Oxford Creamery LLC
Ann B Parson
Jay Pateakos
Stephanie T Mancini
Perfection Valet Parking LLC
Joseph E Perry
Susan Piacenti
Plimoth Investment Advisors
Power of Life Chiropractic
Prestige Market Place
Jennifer A Preston
Karoline Prevost
Raymond Prevost
Progrou Network, Inc
Cynthia M Pyle
Sharon Quinn
Mark Rezendes
Robert B Feingold & Associates, PC
Elaine Robertson
Willie P Rose
Donald F Rudnick
Salvadors Ice Cream
Saunders-Dwyer Home for Funerals
Drs John & Kim Scheub
Gary & Donna Schuyler
Roger Scoville
Laura, Jamey & Ben Shachoy
Sherry Construction Corporation
Maia Shwartz
Robyn Shwedo
Charlotte M Smith
Janice Speakman
St. Anne's Credit Union
Stop & Shop Supermarket
NE Division
Sandi Stowe
Mary Strasser
Peter Sturges
Dr Stanley J Stutz
Kayla Sudduth
T LeBlanc & Sons, Inc
Talho Portugues (The Butcher Shop)
The Congregational Church of
South Dartmouth
The Dick Arthur & Sally Fallon Fund
The Pappas Family Charitable Fund
Dr Tenny J Thomas
Kathleen Treglia
Steven H Tripp
Unitarian Universalist Society
of Fairhaven
Tina Vandersteel
Elizabeth A Waring
Marjorie Waite
John C Wheatley
Cheryl E Wheeler & Cathleen Joyce
Judy White
Robert Whitman
Stephanie Winterson
David W Wright
Margaret D Xifaras
Jane Zimmermann

**It is the mission of
YMCA SOUTHCOAST
to improve
the spiritual, mental,
social, educational, and
physical conditions of all persons.**



ymcasc.org

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@ymcasouthcoast**

