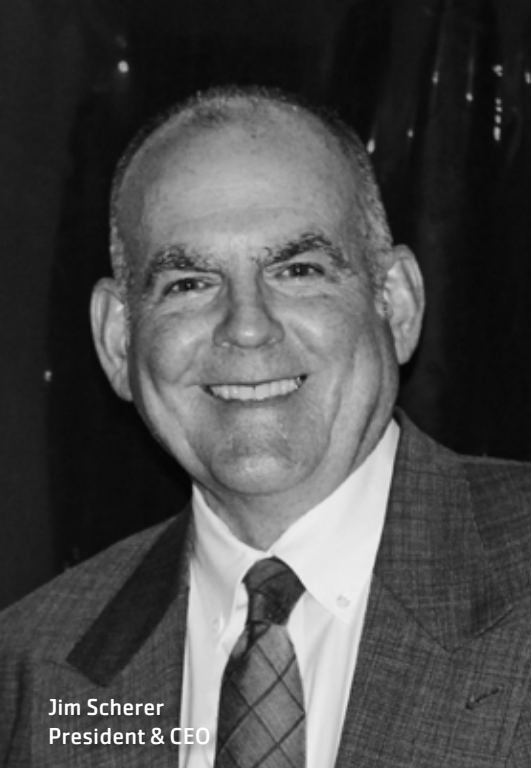




FIND YOUR PASSION

YMCA SOUTHCOAST
2022 ANNUAL REPORT



Jim Scherer
President & CEO



Arthur DeAcscntis
Board of Directors Chairperson

A MESSAGE FROM OUR LEADERSHIP

Join us as we celebrate 166 years of our YMCA. 2022 was a year of restorations and renewals as we entered the post-pandemic era nurtured by our partnerships, strengthened by our relationships, and buoyed by donor support.

In 2022, YMCA Southcoast saw its membership revenues grow by 33% over the preceding year to a level not seen since the pre-pandemic era; more than 4,800 new membership units were added. Our childcare programs enrolled nearly 1,300 children in 2022, and we expect to grow our capacity to serve so that our waiting lists might become a thing of the past. We continue to provide enrichment services to our communities to both support and supplement educational programs. Our enduring commitments to children and their families each and every day are recognized and supported by private and public donors alike; our state and local elected officials have become key partners in sustaining and growing financial support for these initiatives.

Our commitment to fighting food insecurity continues to grow post-pandemic, and over 1.6 million pounds of food were distributed through the Full Plate Project. Our truly exceptional and unique Sharing the Harvest Community Farm, grew, harvested, and donated 20,800 servings of fresh produce, distributed by our partners at the United Way of Greater New Bedford's Hunger Commission.

We continue to invest in and improve our facilities in the firm belief that our communities are served best when people are given the opportunity to come together. The Gleason family YMCA is now served by solar panels. Stoico/FirstFed YMCA renovated fields are teeming with youth sports, and its brand new splash pad is an exciting start to what one day will be an aquatic center. Our "quiet phase" early public and private commitments for a planned renovation to and expansion of the New Bedford YMCA facility are truly exciting.

Our financial position continues to be strong. The daily commitment of YMCA Southcoast staff and volunteers to each community in our wide service area continues to attract financial support from public and private contributors alike, and helps to continue YMCA Southcoast as the largest social service provider in the Southcoast. Region.

Our mission is driven daily by a dedicated staff without peer, a small army of volunteers who donated 14,387 hours of volunteer time in 2022, and our public and private partnerships. We are humbled and privileged to be a small part of a large team providing meaningful impact to each of our communities each and every day.

James J. Scherer *Catherine M. DeAcscntis*

COMMUNITY IMPACT IN 2022

The Y isn't just a building. We're people from all backgrounds and walks of life who come together to support each other and strengthen our community.



2,883 children
enrolled in one of sixteen
Childcare programs or
one of six YMCA Camps



1.64 million lbs
of food distributed through
our Y Community Markets
and Full Plate Project



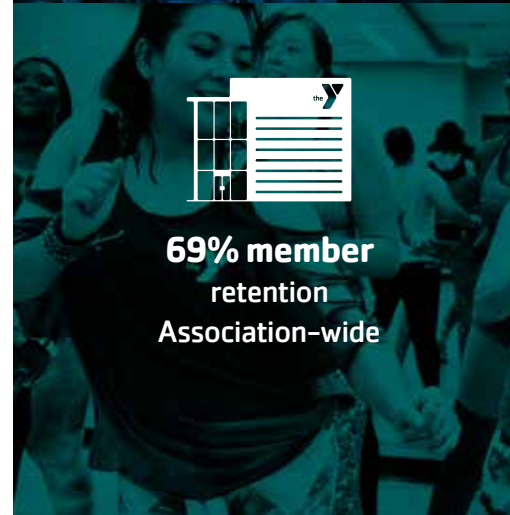
14,387 hours
of volunteer time used to
pack and distribute nutritious
food at our markets, plant
and harvest at the farm,
coach youth sports and more!



\$846,665
of total financial
aid through YCares
Membership for All,
Childcare and Swim
Lessons



20,800 servings
of fresh produce grown and
donated by Sharing the Harvest
Community Farm and distributed
by the United Way of Greater New
Bedford's Hunger Commission



**69% member
retention**
Association-wide



500+ families
received care and
enrichment programs
before and afterschool
at 11 locations



5,000+ youth
received swim lessons
or Safety Around
Water instruction


YOUTH DEVELOPMENT

The YMCA is committed to nurturing the potential of every child and teen. From cradle to career, the Y empowers young people to lead inspired, successful lives.



5,300+

1,500+



“Everything the Y does and the mission is so important and well represented by the people that work here.”

- YMCA MEMBER

INDIVIDUALS UTILIZED AQUATIC FACILITIES AND SWIM PROGRAMS

CAMPERS SPENT THEIR SUMMER VACATION WITH US FOR #BESTSUMMEREVER

In New Bedford, our preschool is a part of the Commonwealth Preschool Partnership Initiative (CPPI). CPPI is a social emotional pyramid model providing support for our preschool age children that includes services for the preschool staff.

YMCA Southcoast entered its second year partnering with Old Colony YMCA and the Department of Mental Health to provide our camper support program. It enabled YMCA Southcoast Camps to staff clinicians as well as behavior support specialists with the ultimate goal of improving the camp experience for all.



1,500+



450+



MEMBERS BENEFITED FROM THE CHILDWATCH PROGRAM

(SHORT TERM CHILD DROP-OFF SERVICE)

YOUTH TRANSPORTED TO AFTERSCHOOL AND SUMMER PROGRAMMING

The Youth Basketball League (YBL) at YMCA Southcoast focuses on teaching all children the fundamentals of basketball and teamwork. We inspire children to never give up on themselves and always work to become their better selves in sports and in life.



HEALTHY LIVING

The YMCA aims to improve our nation's health by providing programs and activities that promote overall well-being, no matter where you are on your journey toward better health. And when people feel their best and have fulfilling lifestyles, their communities become stronger, too.



365



LIVESTRONG at The YMCA is a small-group exercise and peer-support program designed to help you, and your caregiver, if you have cancer or have experienced cancer by strengthening your body, mind and spirit. Participation in our program has been shown to improve fitness and quality of life as well as decrease cancer-related fatigue.

DAYS OF SUPPORT PROVIDED FOR THE DIABETES PREVENTION PROGRAM



150



SENIORS PARTICIPATED IN NUTRITION EDUCATION THROUGH COMMUNITY LUNCHEONS



"It's more than a gym. I get involved with the people I work out with because they are part of my life now. It's a community."

- YMCA MEMBER

We all need the advice of an expert sometimes, as well as the personal attention, to help us meet our goals. Ys offer personal training and coaching to help you set and meet your specific goals to live healthier and feel better. Personal Training is offered in five of our branches across the association.



6,950+

MEMBERS IMPROVED THEIR HEALTH IN GROUP EXERCISE CLASSES



Pedaling for Parkinson's is a cycling program that aims to improve the lives of those living with Parkinson's disease and their caregivers. Regular exercise is one of the key components in treating the many symptoms of Parkinson's disease. Research conducted at the Cleveland Clinic showed a 35 percent reduction in symptoms by the simple act of pedaling a bicycle at a rapid pace, optimally 80-90 revolutions per minute. While cycling is not a cure for Parkinson's disease, there is compelling evidence to show that it does make a real difference for many who try it.

SOCIAL RESPONSIBILITY

The YMCA believes our communities are strongest when everyone is included and has the opportunity to reach their full potential. We welcome and connect people of all generations, backgrounds and perspectives, and we're committed to addressing issues that people face to create positive change.



Sharing the Harvest Community Farm (STH) was established in 2006 as a grassroots effort to relieve hunger for children, families, and seniors facing food insecurity in Southeastern Massachusetts. Since its inception, STH has donated 750,000 pounds of fresh nutritious produce, the equivalent of 62,500 meals, to our neighbors in need through the United Way of Greater New Bedford's Hunger Commission and thanks to the efforts of our dedicated staff, volunteers and community partners.




1,100+




24,000+


33%



"I made many fresh meals thanks to your generosity. I also made many soups to give to senior citizen neighbors. It has been a stressful past two years for me financially and your agency has been a Godsend."
- FPP ATTENDEE



YOUTH ENGAGED THROUGH EDUCATION AND VOLUNTEER PROGRAMS AT SHARING THE HARVEST COMMUNITY FARM

HUMAN SERVICE PROGRAMS BENEFITED BY OUR COMMUNITY MARKETS

POUNDS OF PRODUCE GROWN, HARVESTED AND DISTRIBUTED WITH COMMUNITY PARTNERS

INCREASE IN VOLUNTEER HOURS COMPARED TO 2021

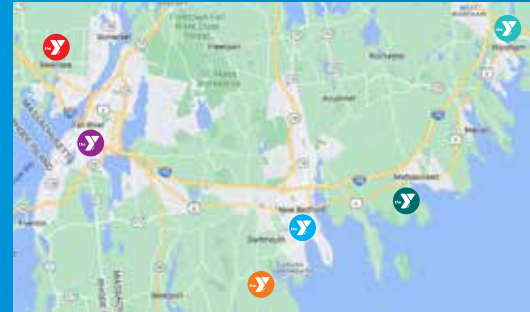
During its second full year of operation, the Full Plate Project (FPP) distributed more than 1.64 million pounds of food – equating to 1.37 million nutritious meals – through mobile markets at Y branches, school and affordable housing site deliveries and collaborations with community partners.



FINANCIAL HIGHLIGHTS

ASSETS	
CASH	1,577,838
ACCOUNTS RECEIVABLE	804,608
CONTRIBUTIONS RECEIVABLE	78,272
OTHER ASSETS	172,809
INVESTMENTS & BENEFICIAL INTERESTS	6,046,017
LAND, PROPERTY, EQUIPMENT	25,751,259
TOTAL ASSETS	34,430,803
LIABILITIES	
ACCOUNTS PAYABLE & ACCRUED EXPENSES	1,035,595
DEFERRED REVENUE	1,038,125
BONDS PAYABLE	8,068,745
LEASE LIABILITY	174,680
TOTAL LIABILITIES	10,317,145
NET ASSETS	24,113,658
TOTAL LIABILITIES & NET ASSETS	34,430,803
SUPPORT & REVENUE	
CONTRIBUTIONS	1,066,752
GRANTS	1,109,995
MEMBERSHIP DUES	4,004,491
PROGRAM SERVICE FEES	7,424,265
OTHER	(220,949)
TOTAL SUPPORT & REVENUE	13,384,554
EXPENSES	
PROGRAM SERVICES	11,438,937
MANAGEMENT & GENERAL	1,379,811
FUNDRAISING	620,081
TOTAL EXPENSES	13,438,829
TOTAL CHANGE IN NET ASSETS	(54,275)

YMCA SOUTHCOAST BRANCHES AND LEADERSHIP



- **DARTMOUTH YMCA**
 MARY STRASSER CHAIRPERSON
 MAXINE HEBERT EXECUTIVE DIRECTOR
- **FALL RIVER YMCA**
 CHRISTOPHER HADLEY CHAIRPERSON
 STEPHANIE MANCINI SR EXECUTIVE DIRECTOR
- **GLEASON FAMILY YMCA**
 JOHN AMARAL CHAIRPERSON
 DEBRA J. FRINGUELLI SR EXECUTIVE DIRECTOR
- **MATTAPOISETT YMCA**
 SEAN CARNEY CHAIRPERSON
 STEPHANIE WINTERSON EXECUTIVE DIRECTOR
- **NEW BEDFORD YMCA**
 KATHLEEN CORKUM CHAIRPERSON
 TARA PACHECO EXECUTIVE DIRECTOR
- **STOICO/FIRSTFED YMCA**
 ARTHUR D. FRANK JR. CHAIRPERSON
 STEPHANIE MANCINI SR EXECUTIVE DIRECTOR



YMCA SOUTHCOAST LEADERSHIP

- BOARD OF DIRECTORS**
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| LIZANNE CAMPBELL | 1ST VICE CHAIRPERSON |
| TERRY A. GOMES | 2ND VICE CHAIRPERSON |
| GEOFFREY W. SWETT | TREASURER |
| THOMAS ANDERSON | CLERK |

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- ASSOCIATION STAFF**
- | | |
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| ROBERT A. TRAHAN | VICE PRESIDENT, CFO |
| ROBYN L. BRANCO | DIRECTOR, MISSION ADVANCEMENT |
| RON ANTHONY | STAFF ACCOUNTANT |
| FATIMA ARAUJO | MEMBERSHIP ENGAGEMENT SPECIALIST |
| SOPHIE HARDING | HUMAN RESOURCES |
| LAURIE IACAPONI | CHILD CARE BILLING & CONTRACTS |
| DEB JORGE | EXECUTIVE ASSISTANT |
| CAIT JOSEPH | MARKETING & DEVELOPMENT COORDINATOR |
| LISA RAHN | DIRECTOR, COMMUNITY OUTREACH |
| KIM RIOUX | HUMAN RESOURCES CLERK |



AROUND THE ASSOCIATION

1. New Bedford YMCA Childcare
2. Trunk-Or-Treat
3. Discovery School Swim Kids Fun time
4. Farm To Go chefs and volunteers
5. Stoico/Firstfed YMCA Junior Chef
6. Check presentation for The Full Plate Project
7. Stoico/Firstfed YMCA Splash Pad groundbreaking
8. LIVESTRONG graduates
9. Full Plate Project and Target volunteers
10. Stoico/Firstfed YMCA Summer Camp
11. Happy about Preschool
12. Healthy Kids Day safety-around-water lesson
13. Youth Basketball League participant
14. Couples yoga



2022 DONORS

THANK YOU FOR YOUR GENEROUS DONATIONS

\$50,000+

Peter T. Gargas 2010 Revocable Trust
Koppleman Family Foundation

\$25,000 – \$49,999

Charlton Charitable Trusts
Rexel Energy Solutions
The Greater Boston Food Bank
United Way of Greater New Bedford
Anonymous

\$10,000–24,999

Acushnet Foundation Fund
Cove Charitable Trust
Island Foundation
LL Bean
Scott & Melissa Munro
Rodgers Family Foundation
Geoffrey and Judy Swett
Richard and Sandra Stuart Wheeler
The Carney Charitable Foundation

\$5,000 – \$9,999

BayCoast Bank
Blue Cross Blue Shield of
Massachusetts
Lizanne and Malcolm Campbell
Arthur DeAscentis
DCU FOR KIDS
Deborah Edwards
First Citizens Federal Credit Union
H.O. Peet Foundation
Dennis Slutsky
St. Michael’s Credit Union
TJX Foundation
Tufts HealthPlan
Neil Van Sloun
Yawkey Foundation
Youths Friends Association Inc.

\$1,000 – \$4,999

A.D. Makepeace Companies
A-1 Paving, LLC
Abington Bank
Aetna Inc.
Aime’s Auto Repair
Alert Ambulance Services, Inc.
Francis Angino
Attention to Detail Plumbing and
Heating LLC
Avellino Commercial Flooring, LLC
Talbot Baker Jr
BankFive
Bask Inc.
Tobe Berkovitz and Pauline Hamel
Bianca Bator
Blount Fine Foods
Aimee Bronhard
Peter and Tia Bullard
Stella Burke
Cape Cod 5 Savings Bank
Chapman Funerals
Claremont Companies LLC
Coastal Community Foundation
CohnReznick
Concordia Company LLC
Barry Cosgrove
Covanta SEMASS
Cranberry Rose Foundation
Bridget Cunningham
CVS Corporation/Health Foundation
Charles Decas
Dias Lapalme & Martin LLP
John and Zelinda Douhan
Nancy and Lawrence Edwards
Fall River Women’s Union
James and Kathleen Feeney
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Debbie & David Fringuelli
Gifts to Give
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Irving and Alberta Goss
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Mr. Fred Grizotte
H&S Tool and Engineering Inc.
Christopher Hadley
Hadley Insurance Group
David and Maria Harrington
Nancy Howland
Lyle Howland
Humphry, Covill & Coleman Insurance
Agency Inc.
Gerard and Colleen Kavanaugh
LDE Holdings LLC
Stefano Loretto
Emily Luchetti
Ludes Family Foundation
Mr. Christopher Makepeace
Elizabeth Marsden
Massachusetts Service Alliance
Mattapoisett Congregational Church
Matthes Construction LLC
Maurice & Anne Makepeace Family
Foundation
Nancy McFadden
Susan McLaren and Philip Guymont
Milestone Mortgage Solutions Inc.
Milhench Supply Company
Millstone Medical
Jeff Morse
Brian and Sharon Munro
Mr. & Mrs.R. Henry Norweb III
Tara Pacheco
OTTB Benefit Partners, LLC
Pepsico Foundation
Polish National Alliance Lodge 1887
Prima CARE Fall River
Prime Landing
Roberton’s GMC Truck
William and Paige Roth
S.A. Davol Co. Inc.
Sandra and Ronald Sacco
Koreen Santos

James Scherer
Sue Sebastiao
Steven Shuster
Kenneth Shwartz and June Smith
Southcoast Health System
Spherion
Robert and Bonnie Stapleton
Howard Stevenson
Eivind and Sylvia Strand
Tamer Industries
Susan and John Teal
The Philip Snyder Foundation
Tippy Toboggan
Truesdale Health Foundation
Unitarian Universalist Society of
Fairhaven
United Way of Greater Fall River Inc.
Wareham Lodge of 1548
Jo–Ann and Douglas Watson
Drs. Paul Westfall and Laura Dunphy
Robert Whitman

\$250 – \$999

Susan and Edward Adamowski
David Adelberg
Kathy Aisenberg
Eugene Allen
Wesley Alwang
John Amaral
Henry Arruda
Jessica and Noah Jon Ashley
Deborah Bellevue
Allison Benabdallah
R. William Blasdale
Peter Bogle and Karin Wood
Lucille Bousquet
Eric Braitmayer
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Joel Brenner
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Barb Brown
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LLC Cove Pediatrics
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Genia Griffiths
Kim Hall
Challen Hammer
Margot Hand
Laura Hartnett
MaryAnn Hayes
Maxine Hebert
John Hoaglund
Heidi Huguley
Helene Jacobs
Dr. Hugo Jauregui
Dorothy Jenkins
Chris Johnson
Paige Johnson Roth
Sally and Melissa Johnston
Eric Jussaume
Betsy Keady
Robert Kerr
Brendan Kinnane
Jayne Korn
Cary LeBlanc
Gerard Lemieux
Vanessa Levrault
Erin Lewis
Donna Lomp
Robert and Carolyn Lytle
Thomas Macha
Jodilynn Machado
Vincent Maher
Stephanie Mancini
Robin Martin
Harry and Faith Matelski
Elaine McGraw
Susan McLaren and Philip Guymont
Pam & George McNamara
Judith Melanson
Cindy Mock

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Barbara Morse
Pamela Murray
Betts and Wisner Murray
Charles Nadler Jr.
Jack Nolan
Susan Nolan
James Nordquist
Roseanne O’Connell
Tara Pacheco
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Richie Patten
Richard and Pamela Peirce
Helen Pennoyer
Susan Perry
Lauren Pineau
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Victoria Pope
Micki and Kurt Poulton
Kurt Poulton
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Raymond Prevost
Karen Quigley
John Quinn
Derek Raposo
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YMCA SOUTHCOAST

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